



# ST. VRAIN VALLEY SCHOOLS

*academic excellence by design*

07/01/2022

Dear Parent/Guardian:

Your child's school/site:

1. Will make meal modifications prescribed by a licensed physician, advanced practice nurse with prescriptive authority or physician assistant to accommodate a disability.
2. Will not make substitutions for dietary preferences, religious preferences, or cultural preferences. The student can choose other items on the service line.

*Note: Meal modifications will only be accommodated for one of the reasons listed above. No other meal modifications will be accommodated.*

The *Medical Statement for Meal Modification* and *Dietary Preference Form for Meal Modification* forms are attached to this letter. On the front of each form, there are further instructions and information about the meal modifications that can be requested under federal regulations. Please read this information carefully before completing the appropriate form.

To ensure safe meal modifications can be made for your child, return the completed medical statement to the health clerk at your school.

**IMPORTANT:** The only fluid cow's milk substitutions allowed by USDA are: (1) lactose-free fluid cow's milk (1% or skim) or (2) a non-dairy beverage with a nutrient profile equivalent to fluid cow's milk as specified in USDA regulation 7 CFR 210.10(d)(3), unless another substitution is noted on the Medical Statement for Meal Modification.

If you have questions or need assistance, please contact Katie Cossette, RDN, SNS at 303-806-2049.

Sincerely,

Katie L Cossette, MDA, RDN, SNS  
Director of Nutrition Services  
303-682-7255  
Cossette\_katie@svvsd.org

This institution is an equal opportunity provider.

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**COLORADO**  
Department of Education