

# Earth Day is April 22nd!



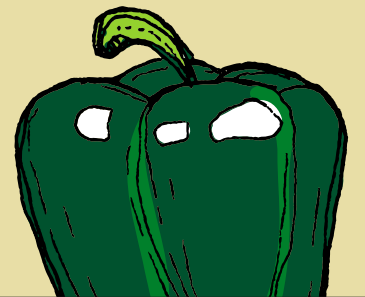
Earth Day is celebrated annually on April 22nd, serving as a global reminder of the importance of protecting our planet. The day reminds people of how important it is to protect the environment. It also aims to teach people about things like climate change, saving resources and pollution. Taking care of the Earth is crucial for maintaining ecosystems and ensuring a healthy and thriving planet for future generations.

## Easy, eco-friendly habits to incorporate into your daily life:

- **Use reusable bags and containers.** Reduce single-use plastic waste by carrying reusable bags and containers with you. This simple habit can save hundreds of plastic bags and containers from ending up in landfills and oceans.
- **Turn off lights and electronics when not in use.** Make it a habit to turn off lights, TVs and electronics when not in use to save energy. This can help lower your carbon footprint and save on energy bills.
- **Use public transport or walk/bike.** Using public transport, walking or biking for trips under a certain distance can reduce air pollution and carbon emissions.
- **Reduce food waste.** Plan your meals, use up leftovers and compost food waste to reduce the amount of waste sent to landfills. This can help minimize greenhouse gas emissions.
- **Use eco-friendly cleaning products.** Switch to eco-friendly cleaning products that are free from harsh chemicals and better for the environment. This can help reduce water pollution and protect aquatic life.
- **Conserve water.** Take shorter showers, fix leaks and use water-efficient appliances to conserve our resources. This habit can help reduce water waste and support sustainable water management.
- **Buy locally sourced products.** Support local farmers and businesses by buying locally sourced products. This can help reduce carbon emissions from transportation and promote sustainable agriculture.
- **Recycle and compost.** Make sure to recycle paper, plastic, glass and metal, and compost food waste to reduce landfill waste. This habit can help conserve natural resources and reduce greenhouse gas emissions.

Earth Day is important because it unites people globally to fight environmental degradation. By working together and adopting eco-friendly habits, we can protect the planet and create a healthier environment for the future. Celebrating Earth Day is a step towards a more sustainable world.

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Learn more: [greenamerica.org/green-living](https://greenamerica.org/green-living)