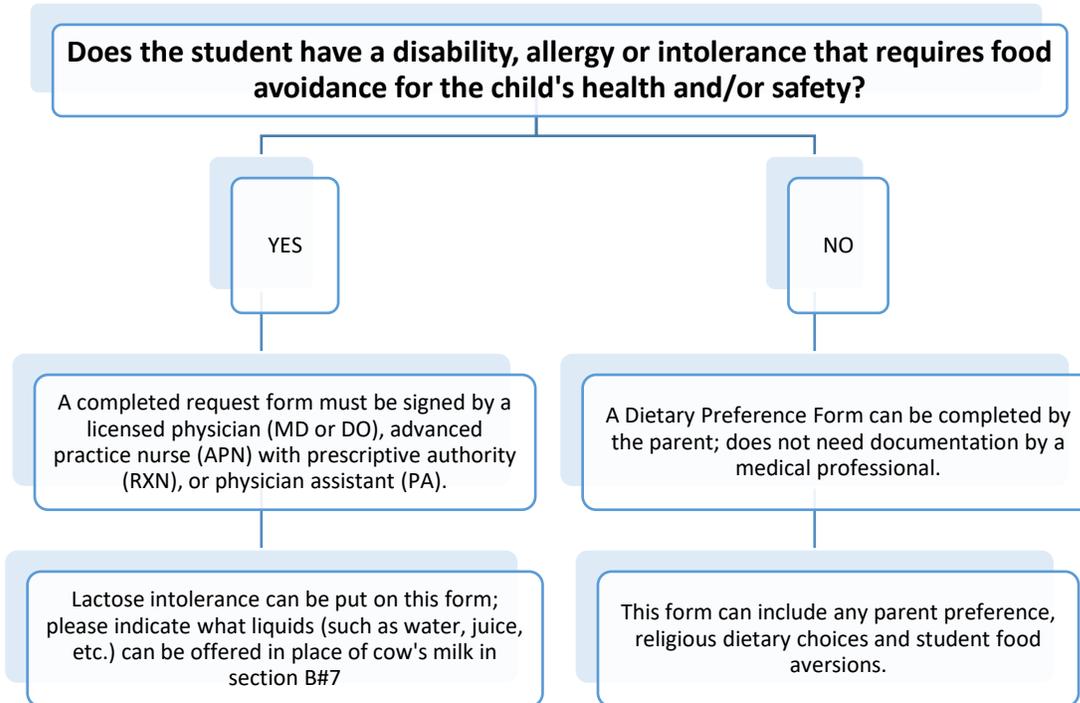


## Meal Modification Dietary Preference Form Instructions

Meal Modification Forms are necessary to provide school staff essential information to support a student with a disability, allergy or intolerance with their nutritional needs during the school day.

**All sections of the form must be completed for meal modifications to be enacted.**

### Which form to use:



### Health Professional Instructions: Meal Modification Forms ONLY

- Licensed health professional must complete all of Part B:
  - If not applicable to the student's diet, check "Not Applicable" box
  - Omit Foods and Substitute Foods MUST be completed in order for meal modifications to be administered with the school meal program.
    - Lactose Intolerance: List foods to be avoided by student under the "Omit Food" section. Under the "Substitute Food" section, list all beverages that the student can consume in place of cow's milk such as water, juice, soy milk, etc.
    - If a student can consume lactose with a supplement such as Lactaid, please consider completing the Dietary Preference form instead of the meal modification form.
  - A stamp may be used for medical office information however, a signature and date by the licensed health professional is required.
- Questions:
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For more information: <https://www.cde.state.co.us/nutrition/nutriSpecDietaryNeeds>