

School Nutrition Program

The district will operate a school nutrition program which shall be under the overall supervision of the director of nutrition services. Food services shall include hot lunches and breakfasts through participation in the National School Lunch Program and School Breakfast Program.

Qualified nutrition professionals shall administer the school meal program. The district shall provide continuing professional development for nutrition professionals in schools. Staff development programs should include appropriate certification and/or training programs for child nutrition directors, school nutrition managers and cafeteria workers according to their level of responsibility.

The director of food services shall collaborate with each school principal in matters essential to the proper functioning of the food service program. The responsibility for scheduling meal times and control of students using the school cafeteria shall rest with the building principal.

When scheduling appropriate meal times:

- Schools shall provide students with at least ten (10) minutes to eat after sitting down for breakfast and 20 minutes after sitting down for lunch.
- Schools should schedule meal periods at appropriate times, e.g., lunch should be scheduled between 10:00 a.m. and 2:00 p.m.
- Schools should not schedule tutoring, club, or organizational meetings or activities during mealtimes, unless students may eat during such activities.
- Schools shall be encouraged to schedule lunch periods to follow recess periods in elementary schools.
- Schools shall provide access to hand washing or hand sanitizing before they eat meals or snacks.
- Schools should discourage students from sharing their foods or beverages with one another during meal or snack times, given concerns about allergies and other restrictions on some children's diets.

The Board shall approve the prices set for meals and the price of beverages.

Adopted: February 28, 1968
Revised: August 16, 1976
Revised: February 8, 1984
Revised: June 8, 1994
Revised: March 12, 2003
Revised: November 11, 2015
Revised: June 28, 2017

LEGAL REFS.: 42 U.S.C. 1751 *et seq.* (National School Lunch Act)
7 C.F.R. Part 210 (National School Lunch Act regulations)
7 C.F.R. Part 220 (School Breakfast Program regulations)
C.R.S. 22-32-120 (food services)
C.R.S. 22-32-134.5 (healthy beverage requirement)
C.R.S. 22-32-136.3 (trans fat ban)
C.R.S. 22-82.7-101 *et seq.* (Start Smart Nutrition Program provides funding to eliminate amount students who qualify for reduced priced meals pay in school breakfast program)
C.R.S. 22-82.9-101 *et seq.* (Child Nutrition School Lunch

Protection Program provides funding to eliminate amount students in preschool through second grade pay for school lunch program, if they qualify for reduced price meals)

1 CCR 301-3 (State Board of Education – competitive food services rules)

1 CCR 301-79 (State Board of Education – healthy beverages rules)

CROSS REFS.: ADF, School Wellness
EFC, Free and Reduced-Price Food Services
EFEA*, Nutritious Food Choices
KF, Community Use of School Facilities